

A Practical Guide to Effective Non Medical Prescribing in End of Life Care

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Wednesday 16th October 2024

Virtual Conference



Speakers include:

Dr Barry Quinn
Senior Lecturer for Cancer & Palliative Care, Queens University

Melinda Presland
Consultant Pharmacist, Palliative and End of Life Care, Oxford University Hospitals NHS Foundation Trust

Dr Andrew Tweedle
*Consultant in Palliative Care
The Royal Marsden NHS Foundation Trust*

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“The Department of Health and Social Care has recently reiterated its commitment to improvement in the quality of end-of-life care and emphasised the importance of all patients having rapid access to medication.”

Kathy Latham, Brian Nyatanga

“There are unacceptable variations in aspects of palliative and end of life care such as access to pain control...Poorly controlled symptoms will dominate thoughts and feelings and prevent people addressing the things that are important to them. Attending to physical comfort, pain and symptom management is the primary obligation of clinicians at this time of a person’s life and their skills and competence to do so must be assured and kept up to date, commensurate with their role and level of responsibility.”

Ambitions for Palliative and End of Life Care: 2021-26

“It is essential that decisions around end of life care remain patient-centred and based on a person’s individual needs, and that we do not adopt a blanket ‘one size fits all’ approach in our rush to manage patients’ symptoms.”

Care Quality Commission

“When someone’s in the final weeks, days and hours of life, they need expert care, and they need it now. No one should have to wait for hours overnight or over the weekend in order to get the treatment they need – whether they’re in pain, or have symptoms which need to be managed to make them comfortable.”

Marie Curie March 2024

“People have watched their loved ones dying in pain or in an agitated state because their symptoms have been ineffectively or poorly managed... These cases show how pain, agitation and other distressing symptoms were not adequately controlled as people neared the end of their lives... In many cases, this distress could have been avoided.”

Parliamentary and Health Services Ombudsman

“NMP in a palliative care context may be one mechanism through which people can be supported to remain at home with well controlled symptoms at the end of life. For example, patients with cancer typically spend 65-80% of their last 6 months of life at home and adequate pain control is often hindered by poor access to effective timely analgesia. These patients often have multiple, rapidly changing symptoms requiring highly specialist management”

Non-Medical Prescribing in Palliative Care: A Regional Survey, Dr Lucy Ziegler University of Leeds

This important national conference provides an essential update for non medical prescribers on prescribing at the end of life. It is widely recognized that pain and symptom control at the end of life is not always optimal, the development of non medical prescribing has a key role in improving pain and symptom control for patients at the end of life. The conference, which includes national updates, extended in depth sessions and case studies will focus on developing your skills and competence as a non medical prescriber in end of life care. The conference will also update non medical prescribers in the issues around prescribing controlled drugs. The Care Quality Commission stated in July 2023 that Prescribing of controlled drugs by nurses increased by 3 percent last year with over 2,499,873 items prescribed, and pharmacist prescribing by 12% with 2,645,819 items prescribed. (July 2023)

“Going forward, although non-medical prescribing is increasing, it raises the question of how services ensure this is done safely and effectively. Services that employ non-medical prescribers should have systems to make sure they are working within the limits of their competency.”

Safer Management of Controlled Drugs Annual Update July 2023

This conference will enable you to:

- Network with colleagues who are working to improving non medical prescribing in end of life care
- Learn from outstanding practice in end of life care prescribing
- Reflect on best practice in prescribing and symptom control at the end of life
- Understand how to effectively develop, demonstrate and maintain continued competence in prescribing for patients at the end of life
- Reflect on lessons from experts in non medical prescribing for specific case study areas with in depth interactive sessions focusing on Prescribing for Pain, Prescribing in community settings, Controlled drugs and use of drugs beyond the product licence, The use of Syringe Drivers and Syringe Driver combinations, Best practice in prescribing for symptom control at the end of life, non medical prescribing within a hospice setting, Anticipatory prescribing and Prescribing within End of Life Care Clinics
- Identify key strategies for improving non medical prescribing practice at the end of life
- Develop your role and confidence as a non medical prescriber
- Self assess, reflect and expand your skills in prescribing practice whilst understanding your limits of practice
- Supports CPD professional development and acts as revalidation evidence. This course provides 5 Hrs training for CPD subject to peer group approval for revalidation purposes

10.00 Chair's Welcome and Introduction

Dr Barry Quinn *Senior Lecturer for Cancer & Palliative Care, Queens University*

10.10 Best Practice Non-Medical Prescribing in end of life care

Rachel Hadfield

*Team Leader and Senior Specialist Nurse
Oxford University Hospitals NHS Foundation Trust*

- improving practice in non medical prescribing at the end of life
- an overview of non-medical prescribing within a palliative care team
- supporting nurses to prescribe effectively in palliative care

10.40 Non Medical Prescribing: National Update

Dr Barry Quinn

*Senior Lecturer for Cancer & Palliative Care
Queens University*

- national developments in non-medical prescribing
- NMP at the end of life
- developing confidence and competence in your ability to prescribe
- demonstrating compliance with the NMC Code for revalidation
- the benefits of non-medical prescribing in end of life care

11.25 Comfort Break and Virtual Networking

11.40 Controlled drugs and the use of drugs beyond product licence

Melinda Presland

*Consultant Pharmacist, Palliative and End of Life Care
Oxford University Hospitals NHS Foundation Trust*

- controlled drugs and non-medical prescribing
- the practicalities and governance of prescribing controlled drugs
- non-medical prescribing and the use of Syringe Drivers and Syringe Driver combinations

12.30 EXTENDED SESSION

Best practice in prescribing for symptom control in end of life care including treatment withdrawal

Dr Edith Israel

*Deputy Executive Medical Director & Consultant in Palliative Medicine
We Are With You*

- prescribing for symptom control: current issues
- best practice in prescribing for symptom control at the end of life
- improving confidence in prescribing practice
- prescribing for breathlessness at the end of life
- supporting non-medical prescribers: infrastructure needed to support the safe and effective development and implementation of non-medical prescribing
- managing patients dying with Covid-19 and medications used to manage this
- managing withdrawal of NIV in patients at the end of life
- management of terminal agitation
- case study examples

13.00 Lunch Break and Virtual Networking

13.45 EXTENDED SESSION: Ensuring competence and confidence in and across prescribing practice

Ali Richards

*Senior Lecturer
University of Cumbria*

- leading on prescribing practise
- keeping up to date with legislation and regulation
- competency
- communication with patients and the MDT

This session includes small breakout groups

14.45 EXTENDED SESSION: Non-medical prescribing for pain at the end of life

Dr Andrew Tweedle

*Consultant in Palliative Care
The Royal Marsden NHS Foundation Trust*

- so how can you develop, demonstrate and maintain continued competence in non-medical prescribing for pain?
- management of malignant pain
- types of complex pain
- management of pain leading up to End of Life
- case based discussion related to the role of the Inpatient Pain Service and how this can complement the Palliative Care Team or support Hospice care

15.30 Comfort Break and Virtual Networking

15.45 Auditing and evaluating your prescribing practice

Anne-Marie Murkett

*Head of Quality and Governance
Rainbows Hospice for Children and Young People*

- undertaking a clinical audit of prescribing practice
- evaluating the quality of your prescribing practice
- measuring quality of life

16.20 Prescribing at the end of life - Case Study: Heart Failure

Fiona Hodson

*Nurse Consultant
St Christopher's Hospice*

- supporting and caring for people with end stage disease with a focus on heart failure
- non-medical prescribing for heart failure at the end of life
- our service

16.55 Closing Remarks

There will be time after each session for Questions and Answers

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This virtual conference will include access to the live stream and resources on the landing page which will provide you with the full experience from your workplace or home.

Date

Wednesday 16th October 2024

Conference Fee

- £295 + VAT (£354.00) for NHS, Social care, private healthcare organisations and universities.
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